



**PSYCHOSYNTHESIS
ONLINE CPD EVENT:
*REDEEMING THE
MARTHA COMPLEX
IN THE CARER***

**20TH - 21ST JUNE 2026
10AM -4PM**

FOR PSYCHOTHERAPISTS, COUNSELLORS AND COACHES

**Through role play, creative visualisation,
group sharing:**

**We as therapists will look at our attitude,
core beliefs and learnt behaviours around
self-care and caring for others**

**The course will provide a template for
working with the precocious carer
presenting into the clinical setting**

**It will highlight the transformational
quality of the therapeutic /coach
relationship**

**Facilitator: Gertrude Gill Phd, (MUKCP, EMCC) is a
Psychosynthesis Psychotherapist, 5DL Organisational
Leadership Coach, Trainer, working in the private and
public sector over 35 years**



Through the iconic story of
Martha and Mary in the
Bible we will explore:

a relationship with
vulnerability and limitation
that excludes the carer from
the very ecosystem of Love,
Intimacy they crave

a model for embracing our
vulnerability and deepening
an interiority that aligns us
with our deepest purpose

Cost 180 euros

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